



St. Mark Lenten Service Project with NourishNC



March 4– 29th, 2019



One in four children struggle with hunger in New Hanover County.

NourishNC is a nonprofit whose mission is to “Provide healthy food to hungry children, empowering them to succeed in the classroom and in their community.” Their goal is to enhance children’s health and well-being by preventing the devastating consequences of child hunger. They are committed to providing our community’s most vulnerable children with nutritious food.

“Can” St. Mark reach a Goal of 3,000 food items? YES, we “can!”

Pep Rally:

We will kick off our Lenten project on Monday, February 25, 2019 at 1:30 pm in the gym. NourishNC ‘s Program Director, Katelyn Mattox, will speak to students, show a short video and share information about food insecurity.

Food Drive: We will highlight a different “most-wanted” item each day! Please continue to send in Bread of Life canned goods for Mass on Wednesdays.

Mon, March 4 – 100% Fruit/Juice Boxes	Mon, March 11 – Boxed Pasta	Mon, March 18 – Canned Chicken	Mon, March 25 – Hearty Soups
Tues, March 5 – Applesauce Cups (low sugar)	Tues, March 12 – Canned Pasta Sauce	Tues, March 19 – Canned Veggies	Tues, March 26 – Clif, Kind or Kashi Bars
Thurs, March 7 – Peanut Butter	Thurs, March 14 – Canned Beans	Thurs, March 21 – Mac ‘n Cheese	Thurs, March 28 – Canned Pasta w/ Meat
Fri, March 8 – Jelly (plastic squeeze bottles)	Fri, March 15 – Canned Tuna	Fri, March 22 – Canned Chili w/ Beans	Fri, March 29 – Boxed Cereal, Granola or Oatmeal

****A few important rules: No Junk Food please. NourishNC does not serve chips, candy, cookies or other unhealthy foods. No glass jars. Reduced sugar and low sodium items are preferred.**

Monetary Donations:

If you would prefer to make a monetary donation, please use this link for your tax-deductible donations via credit card. <https://nourishnc.org/product/StMark>

Volunteer:

We will also have several opportunities for parent volunteers to sort the food items, count monetary donations and make deliveries to NourishNC. Please use our Sign-Up Genius link to give of your time. <https://m.signupgenius.com/#/showSignUp/4090e49afa62aa3f94-nourishnc>